

Carer Training

For information on the wide range of training provided by RMBC please contact Directions directions@rotherham.gov.uk 01709 254697 or 255903

The following provides information on training specifically aimed at carers:

Alzheimer's Society Doncaster and Rotherham 01709 580543

The Alzheimer's Society provides a wide range of information around Dementia.

<https://www.alzheimers.org.uk>

Support can be accessed through the website or by contacting the local branch on 01709 580543.

The Carer Information and Support Programme is a series of workshops for people caring for a family member or friend with dementia. It provides an opportunity to talk in a friendly confidential environment about personal experiences and the impact they are having.

The workshops aim to provide information and support on topics which include what is dementia, how you can support and care for someone with dementia, support services that are available and planning for the future.

The workshops are run by Alzheimer's Society staff for a group of up to 12 people.