Healthy Chips

Time to prepare: 10 minutes  
Serves: Four people  
Cost: £1.20

Ingredients

Four large potatoes  
2 tablespoons olive or vegetable oil

1. Heat the oven to gas mark 6 / 400°F / 200°C.
2. Peel and slice the potatoes into large chips or wedges.
3. Place the chips into a large mixing bowl, add the oil and toss with your hands.
4. Place on a baking tray and bake until golden brown (about 20 – 30 minutes).