



Healthy Chips

Time to prepare: 10 minutes

Serves: Four people

Cost: £1.20

Ingredients

Four large potatoes

2 tablespoons olive or vegetable oil

- 1 Heat the oven to gas mark 6 / 400°F / 200°C.
- 2 Peel and slice the potatoes into large chips or wedges.
- 3 Place the chips into a large mixing bowl, add the oil and toss with your hands.
- 4 Place on a baking tray and bake until golden brown (about 20 – 30 minutes).

