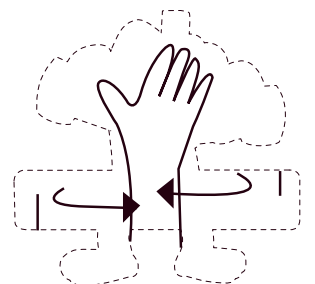


# VAC



Cut out VAC and the tabs.

Cut the slots at each end and wrap the tabs around your hand.

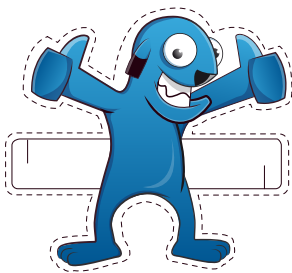
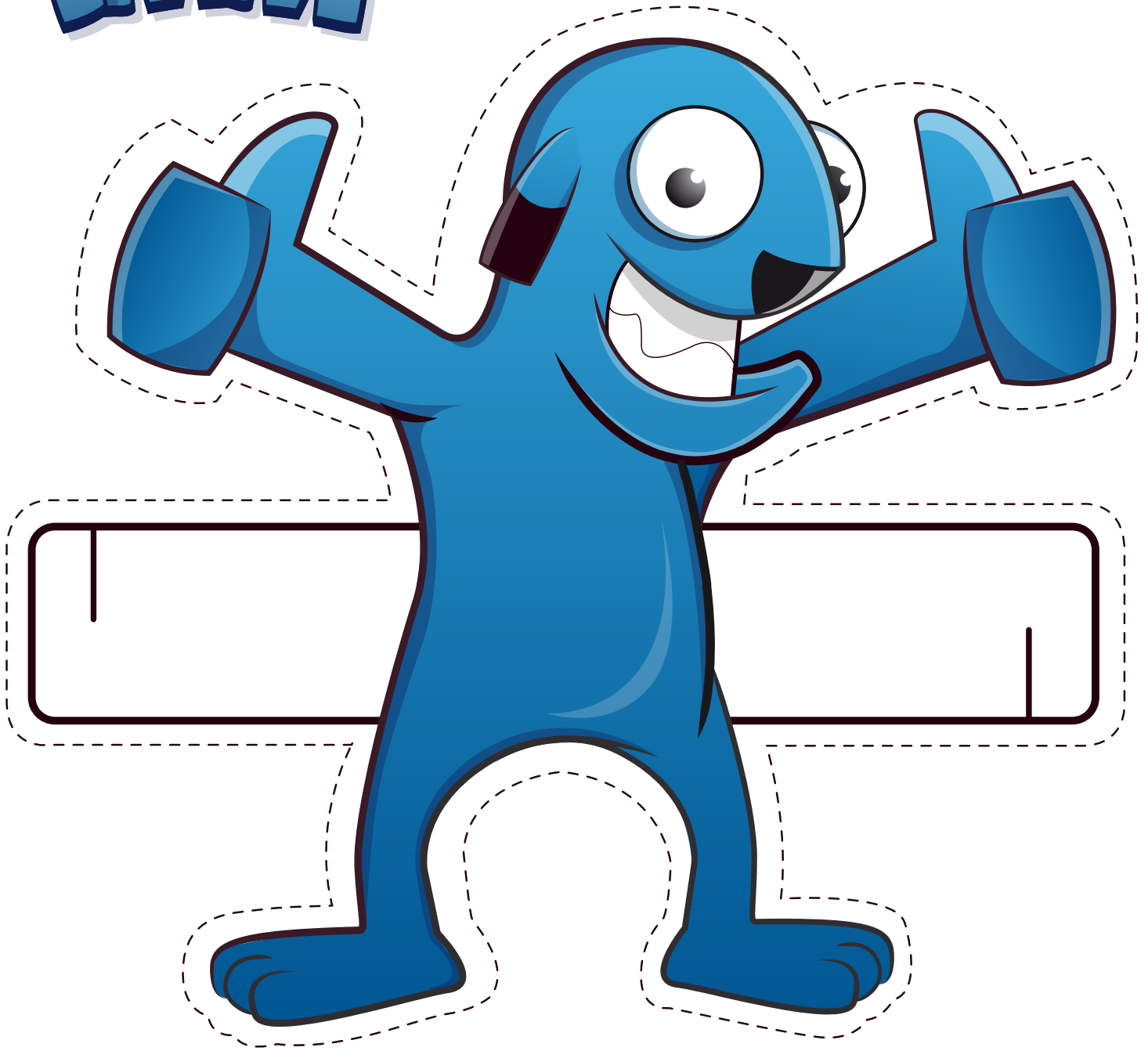


[www.rotherham.nhs.uk/immandvac](http://www.rotherham.nhs.uk/immandvac)

**iMM**

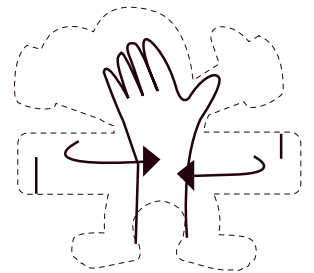
**NHS**

**Rotherham**



Cut out VAC and the tabs.

Cut the slots at each end and wrap the tabs around your hand.

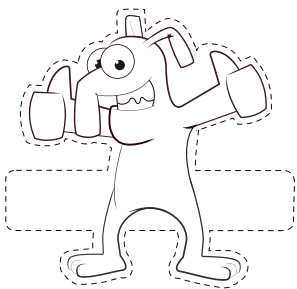
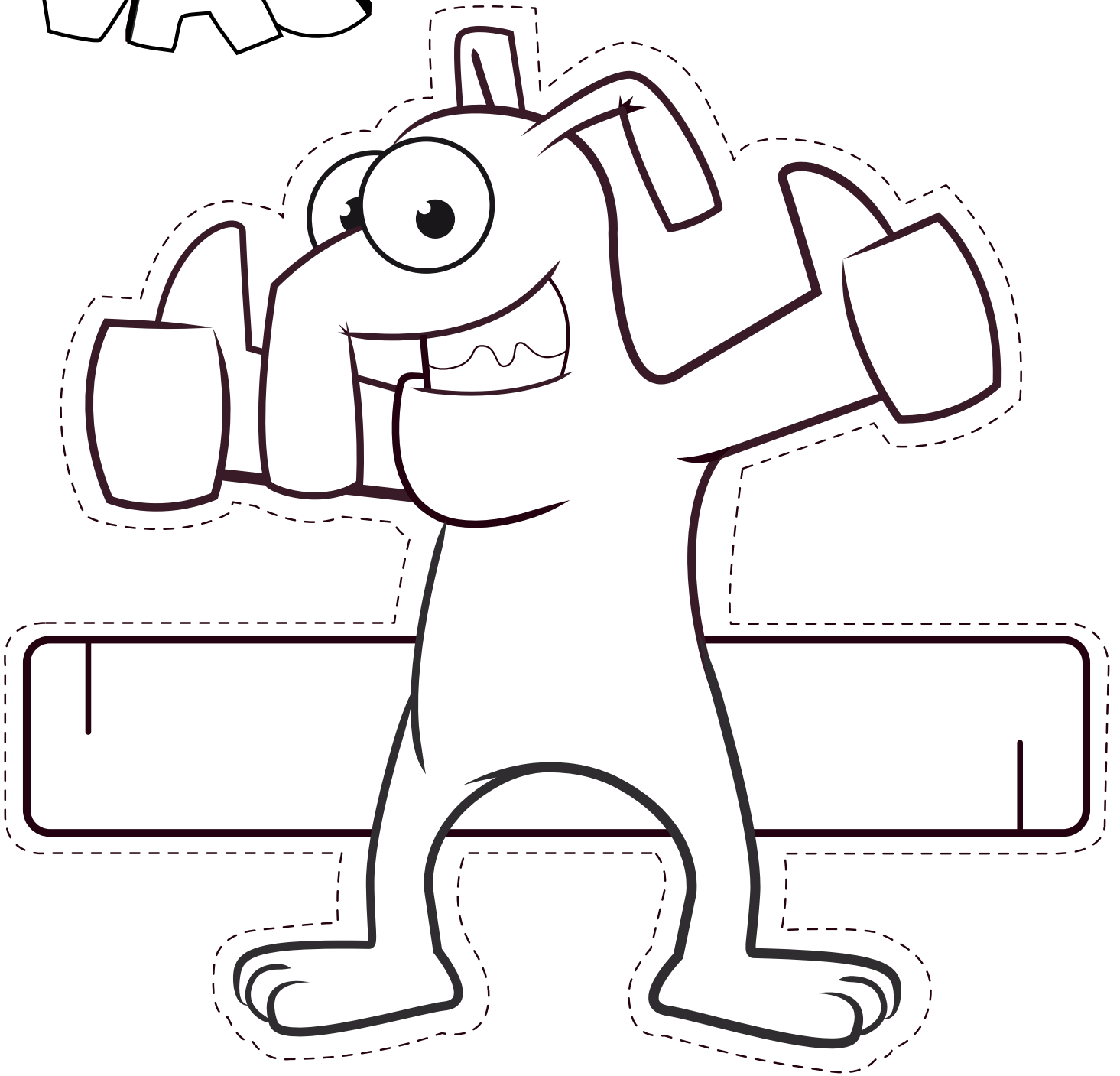


[www.rotherham.nhs.uk/immandvac](http://www.rotherham.nhs.uk/immandvac)

# VAC

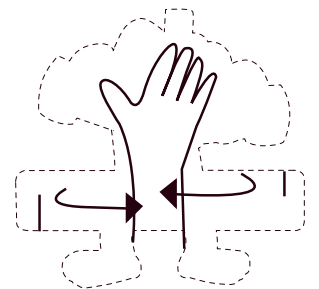
**NHS**

**Rotherham**



Cut out VAC and the tabs.

Cut the slots at each end  
and wrap the tabs around  
your hand.

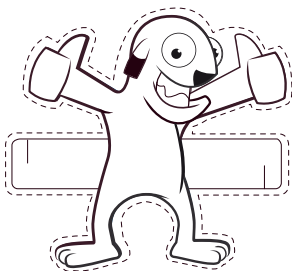
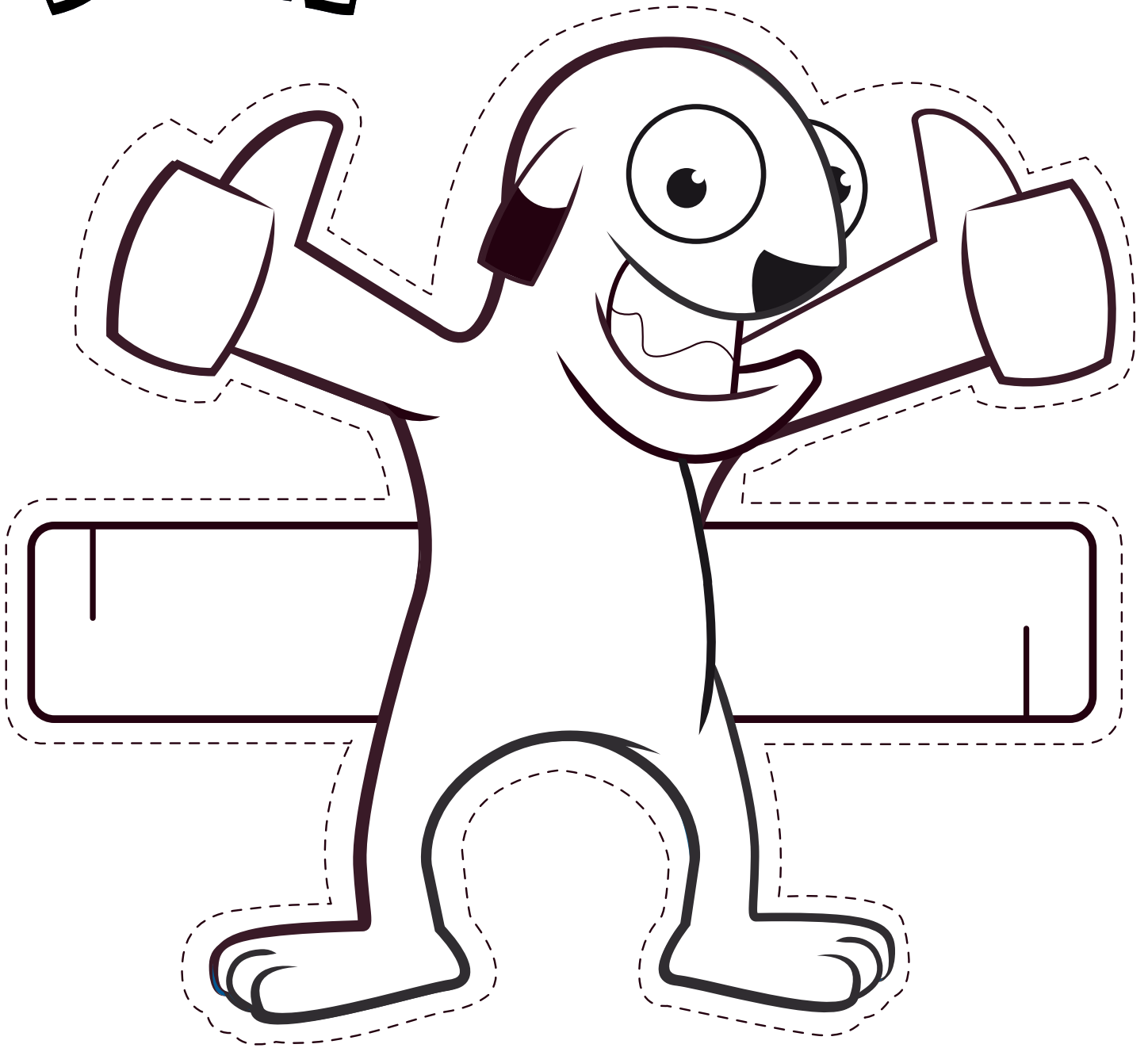


[www.rotherham.nhs.uk/immandvac](http://www.rotherham.nhs.uk/immandvac)

# imm

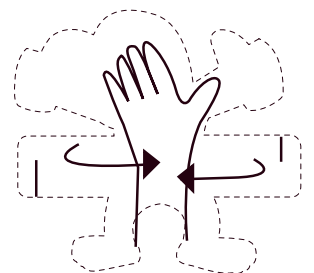
**NHS**

**Rotherham**



**Cut out VAC and the tabs.**

**Cut the slots at each end  
and wrap the tabs around  
your hand.**



[www.rotherham.nhs.uk/immmandvac](http://www.rotherham.nhs.uk/immmandvac)